**Gary Sakryd, MS, PAC, AT(ret.), DFAAPA**

**Current Position**

Physician Assistant, Steadman Hawkins Clinic Denver

Instructor, University of Colorado School of Medicine, Dept. of Orthopedics

175 Inverness Drive West

Englewood CO 80112

(303)694-3333

gary.sakryd@cuanschutz.edu

**EDUCATION**

*University of Southern Mississippi, 1995*

Bachelor of Science - Emphasis in Sports Medicine

*University of Oregon, 1997*

Master of Science - Emphasis in Sports Medicine/Exercise Physiology

*Steadman Hawkins Clinic, Vail, 1998*

Athletic Training Fellowship

*Weill Cornell Graduate School of Medical Sciences, 2003*

Certificate of Physician Assistant Studies - Emphasis in Surgery

**ACADEMIC APPONITMENTS/AFFILIATIONS**

University of Colorado School of Medicine, Instructor (2017-present)

University of Colorado College of Nursing- Nurse Practitioner Program, Adjunct (2014-present)

Red Rocks Community College Physician Assistant Program, Adjunct (2006-2017)

Indiana State University Physician Assistant Program, Affiliate Faculty (2016)

Cornell University Medical College Physician Assistant Program, Adjunct (2014)

A.T. Still University, Arizona School of Health Sciences, Adjunct Faculty (2007-2008)

**EXPERIENCE**

*University of Colorado School of Medicine, Orthopaedics*

*Steadman Hawkins Clinic Denver (Denver, CO)*

(November 2003-Present)

Physician Assistant to Thomas J. Noonan, M.D.,

Clinical, Surgical, Research, & Education responsibilities as directed

*Plancher Hand & Sports Medicine (Stamford, CT)*

(August 2001-May 2002)

Contracted athletic trainer for coverage of athletic events at Purchase College (SUNY)

*Virgin Island Orthopaedics & Sports Medicine (USVI)*

(September 2000-June 2001)

Office Assistant, Athletic Trainer, Surgical Assistant

*Steadman Hawkins Clinic (Vail, CO)*

(July1998-September 2000)

Office Assistant, Athletic Trainer, Surgical Assistant

**EXPERIENCE**

**(SUPPLEMENTAL)**

*U.S. Olympic Training Center (Chula Vista, CA)*

(July/August 2005)

Asst. Athletic Trainer for two week volunteer rotation

*Denver Broncos Professional Football Club (Denver, CO)*

(July/August 1998)

Asst. Athletic Trainer for summer football camp

*U.S. National Disabled Ski Team (Bend, OR)*

(March 1998)

Head Athletic Trainer - U.S. National Team Qualifying

*Eugene Snowcats Semi-Professional Hockey Club (Eugene, OR)*

(November 1995-February 1996)

Head Athletic Trainer

*Athletic Training Services Center (Eugene, OR)*

(January 1996-July 1997)

Asst. Athletic Trainer - Care & Prevention of injuries for recreational to elite level athletes

*North Eugene High School (Eugene, OR)*

(August 1995-May 1997)

Asst. Athletic Trainer - Care & Prevention of athletic injuries

**HONORS, RECOGNITIONS, AWARDS**

Distinguished Fellow, American Academy of Physician Assistants (DFAAPA) 2018

Steadman Hawkins Clinic Denver – Employee of the Year (2008, 2009, 2012)

**MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS**

Fellow, American Academy of Physician Assistants (2003-present)

Fellow, Physician Assistants in Orthopaedic Surgery (2009-present)

Fellow, Colorado Academy of Physician Assistants (2018-present)

Associate, Physician Assistant, American Academy of Orthopaedic Surgeons (2018-present)

National Athletic Trainer’s Association (ATC) (1995-2015), retired

**COMMITTEE & SERVICE RESPONSIBILITIES**

*Physician Assistants in Orthopaedic Surgery (PAOS)*

PAOS Scholarship Committee, (2013-present)

PAOS CME Committee, 2019

*Colorado Academy of Physician Assistants (CAPA)*

CAPA CME Committee Winter Meeting, Copper Mountain CO, 2019

CAPA Awards Committee, 2019

*Team Medical Advisor/Liaison*

Douglas County High School (2003-present)

Regis Jesuit High School (2003-present) (co-coverage)

**LISCENSURE & CERTIFICATION**

Certified Athletic Trainer (retired), (1995-2015) (NATABOC)

Certified Physician Assistant, (2003-present) (NCCPA)

State of Colorado License, Physician Assistant, (2003-present)

DEA License, (2003-present)

Basic Cardiac Life Support (BLS) (2003-Present)

**REVIEW & REFEREE WORK**

*Manuscript Reviewer*

Journal of Athletic Training (2007-2009)

NATA News (book review) (2007)

Journal of the American Academy of Physician Assistants (2019)

**INVITED EXTRAMURAL LECTURES OR PRESENTATIONS**

**Sakryd, G**:Functional Hip Rehabilitation presented at the Rocky Mountain Athletic Trainers Association Annual Symposium, 1998 St. George, UT

**Sakryd, G**:Templating for HTO presented at the Current Concepts in Trauma about the Knee, 2000 Vail, CO

Noonan, TJ, **Sakryd, G:**Stress Fracture of the Seventh Rib in a Professional Baseball Pitcher presented at the 6th Annual Colorado Rockies Medical and Training Staff Retreat; 2005 Denver, CO

**Sakryd, G:**History, Physical Exam, and Acute Management of Cervical Spine Injuries presented at the 9th annual Colorado Athletic Trainer’s Association Student Symposium, 2007 Aurora CO

**Sakryd, G:**Proximal Tibial Osteotomy with Microfracture in the Varus Knee presented at the Orthopaedic Topics in the Rockies annual Physician Assistants in Orthopaedic Surgery

Conference, 2007 Denver CO (PA CME)

Noonan, TJ, **Sakryd, G:**ACL Reconstruction in the Skeletally Immature Athlete presented at the

Orthopaedic Topics in the Rockies annual Physician Assistants in Orthopaedic Surgery Conference, 2007 Denver CO (PA CME)

Noonan, TJ, **Sakryd, G:**ACL Reconstruction in the Skeletally Immature Athlete presented at the

Colorado Athletic Trainer’s Association Spring Conference, 2008 Colorado Springs CO

(ATC CME)

**Sakryd, G:**Orthopaedic Imaging presented at the 12th Annual Colorado Athletic Trainer’s Association Student Symposium, July 2010, Denver CO

**Sakryd, G**:Shoulder/Knee Exam and Injection Workshop, presented at the 27th Annual Colorado Academy of Physician Assistants Winter CME Meeting, January 23rd 2011, Copper Mountain CO (PA CME)

**Sakryd, G:**Rehabilitation – Ankle, presented at the 13th Annual Colorado Athletic Trainer’s Association Student Symposium, May 2011, Colorado Springs CO

**Sakryd, G:**Anatomy of a Limb, presented at the 28th Annual Colorado Academy of Physician Assistants Winter CME Meeting, January 22nd, 2012, Copper Mountain CO (PA CME)

**Sakryd, G:**What’s in a Limb, Workshop, presented at the 28th Annual Colorado Academy of Physician Assistants Winter CME Meeting, January 22nd, 2012, Copper Mountain CO

(PA CME)

**Sakryd, G:**The Spine for Primary Care, presented at the 29th Annual Colorado Academy of Physician Assistants Winter CME Meeting, February 9th, 2013, Copper Mountain CO (PA CME)

**Sakryd, G:**Orthopaedics for Primary Care, presented at the 7th Annual Colorado Athletic Trainers Association Fall Symposium, November 16, 2013, Edwards CO (ATC CME)

**Sakryd, G:**Labral Pathology of the Shoulder, Rocky Mountain Athletic Trainer’s Association Annual Symposium, 2017, Westminster, CO (ATC CME)

**Sakryd, G:**Shoulder Injections/Aspirations presented at the Clinical Skills for Advanced Practice Providers Course, 2018-2019, University of Colorado College of Nursing, Aurora CO

(PA/NP CME)

**Sakryd, G:**Splinting and Casting Workshop presented at the Colorado Academy of Physician Assistants Winter CME Meeting, February 10th, 2019, Copper Mountain CO (PA CME)

Noonan, TJ, **Sakryd, G:**Stress Fracture of the Seventh Rib in a Professional Baseball Pitcher presented at the Colorado Athletic Trainers Association Annual Symposium, July 27th, 2019, Englewood, CO (ATC CME)

**Sakryd, G**:Casting & Splinting Workshop presented at the Emergency Medicine Interest Group (EMIG), University of Colorado School of Medicine, November 23rd, 2019, Aurora CO

**TEACHING RECORD**

**Sakryd, G:**Pediatric Orthopaedics Red Rocks Community College Physician Assistant Program; 2006-2013 Denver, CO

**Sakryd, G:**Labral Injuries of the Shoulder presented at the Douglas County District Athletic Trainer’s Meeting, October 2008 Castle Rock CO

**Sakryd, G:**Orthopaedic Imaging presented at the Douglas County District Athletic Trainer’s Meeting, January 2009, Parker CO

**Sakryd, G:**Orthopaedic Procedures Red Rocks Community College Physician Assistant Program, 2009-2016, Denver CO

**Sakryd, G:**Orthopaedic Infections & Tumors, Red Rocks Community College Physician Assistant Program, 2013, Denver CO

**Sakryd, G:**Injection Workshop, University of Colorado College of Nursing – Nurse Practitioner Program, 2014-2019, Aurora CO

**Sakryd, G:**Orthopaedics for Primary Care, Cornell University Medical College Physician Assistant Program, 2014, New York, NY

**Sakryd, G:**Pediatric Orthopaedics, Cornell University Medical College Physician Assistant Program, 2014, New York, NY

**Sakryd, G:**Orthopaedic Tumors & Infections, Cornell University Medical College Physician Assistant Program, 2014, New York, NY

**Sakryd, G:**Orthopaedic Imaging University of Colorado College of Nursing – Nurse Practioner Program, 2018-2019, Aurora, CO

**Physician Assistant/Nurse Practitioner Preceptor**

Red Rocks Community College, AT Still University, LeMoyne College, Rosalind Franklin University, Cornell University Medical College, University of Colorado Health Sciences (PA/NP), Butler University, Lockhaven University, Montana State University (NP),

Indiana State University, Salus University, University of New England, Rocky Mountain University, Arcadia University

**BIBLIOGRAPHY**

*Publications*

1. **Sakryd, G.**, Medial Tibial Stress Syndrome,

Athletic Therapy Today. Winter 1998. (Canadian Journal of Athletic Therapy)

2. Wright, J., **Sakryd, G.**, Heavrin, B., Begg, M., Sterett, W.,

Observations of Patella Height Following Medial Tibial Opening Wedge Osteotomy,

American Journal of Knee Surgery. Summer 2001, vol 14.

3. **Sakryd, G.**, Wolf, R, Case of the Month: Radial Styloid Fracture with Scapho-Lunate Ligamentous Injury. Journal of the American Academy of Physician Assistants. April 2006, V.13(4); p 76.

4. Noonan, T., **Sakryd, G.**,Espinoza, L., Packer, D., Posterior Rib Stress Fracture in Professional Baseball Pitchers. American Journal of Sports Medicine. April 2007; V.35(4); pp654-658

5. Bushnell,BD., Anz, AW., Dugger, K., **Sakryd, GA.**, Noonan, TJ. Effort Thrombosis Presenting as Pulmonary Embolism in a Professional Baseball Pitcher. Sports Health: A Multidisciplinary Approach. November 2009; pp493-499

6. Bushnell,BD., **Sakryd,G.**, Noonan, TJ. Hamstring Donor-Site Block: Evaluation of Pain Control After Anterior Cruciate Ligament Reconstruction. Arthroscopy: The Jounal of Arthroscopy and Related Surgery. July 2010; V.26 (7);pp894-900

*Videos*

Ratner, D., Noonan, TJ., **Sakryd, GA.**, Anterior Shoulder Stabilization using Iliac Crest Bone Graft, VuMedi.com, 2019

**REFERENCES**  (**Available Upon Request)**

Thomas Noonan, MD

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Brandon “Brad” Bushnell, MD, MBA

Harbin Clinic

330 Turner McCall Blvd

Rome, GA 30165

706-236-6362

**PERSONAL**

Interest include: Biking, Snowboarding, College Football, Woodworking, Guitar, Piano, Spending time with family, Traveling, Reading (History)

Travels: Mexico, Canada, China, Italy, France, Virgin Islands (US/British), Puerto Rico,

U.S. National Parks, Belize, Panama, England, Scotland

Boy Scouts of America: Life Rank

Member University Southern Mississippi Track/Cross Country Team 1991-1993

USM Conference Champions Outdoor Track 1992/1993

Organized Biking: Copper Triangle (CO), Triple Bypass (CO), Elephant Rock (CO), SOS 100K (CO), 3 State 3 Mountain Challenge (TN), 3 Gap 50 (GA), Santa Fe 50 (NM)

Goals: Be the best husband and dad that I can be, Be a contributing member to the Orthopaedic community, Advancement of the PA profession, Get my kids through college, Ride my bike in all 50 states